

Psychology Book and Film Club

Instructor: Lisa Workman

Email:

Class Meetings: Once a month, First Mondays at 3:00 - 4:00 pm
EST

Course Description:

Do you love all things psychology? Are you interested in exploring perspectives in mental health through books and film? If so, this Psychology Book and Film Club will give you the opportunity to see topics in psychology brought to life through film and books. We will get together monthly to discuss our ideas and theories about characters. We may even discuss our own treatment recommendations, should a character need additional help.

Book and Movie List:

- August - Matchstick Men (PG-13)
- September - Moonwalking with Einstein by Joshua Foer
- October - Benny and Joon (PG)
- November - Challenger Deep by Neal Shusterman
- December - What About Bob (PG)
- January - Darius the Great is Not Okay by Adib Khorram
- February - Temple Grandin (NR)
- March - Turtles All the Way Down by John Green
- April - Splendor in the Grass (NR)
- May - Alex and Me by Irene Pepperberg OR Nim Chimpsky by Irene Hess

Who Should Join:

- Students who enjoy reading and film with psychology themes
- Students who love open discussions
- Students who want to explore topics in psychology in a fun and engaging way
- Due to sensitive topic matters, students enrolled in this class should be 15 or older.

Parental Guidance Advised: Please be aware that the books and films selected for this class contain mature and sensitive topics that might not be right for all students. Parents are encouraged to research the contents of books and films to make sure they align with their family values and are appropriate for their teen's maturity level.